

Keep this catalog  
for future orders.

# 2022 Over-the-Counter (OTC) Product Catalog



Get OTC items delivered to your doorstep at no additional cost!



[NationsOTC.com/FHCPMedicare](https://NationsOTC.com/FHCPMedicare)

# Welcome!

As a valued **FHCP Medicare** member, you have access to hundreds of health and wellness products with your 2022 OTC benefit. With NationsOTC®, you can get brand-name or generic items across a variety of categories.

You have three easy ways to place an order. We'll then ship your items to you at no additional cost.

If you have any questions, please call us at **877-283-5386 (TTY: 711)**. Our team of Member Experience Advisors is available 24 hours per day, 7 days per week, 365 days per year. Language support services are available, if needed.

For all other questions, contact your health plan member service team using the number found on your member ID card.

Sincerely,

**Your NationsOTC Team**

# Ordering OTC Products is Easy



## Online

Visit [NationsOTC.com/FHCPMedicare](https://NationsOTC.com/FHCPMedicare)



## Phone

Call **877-283-5386 (TTY: 711)**.



## Mail

Complete and mail an order form to NationsOTC.

If you need assistance with your order, give us a call at **877-283-5386 (TTY: 711)**. Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.

# Your Personalized OTC Member Portal

The member portal makes ordering products simple and hassle-free.

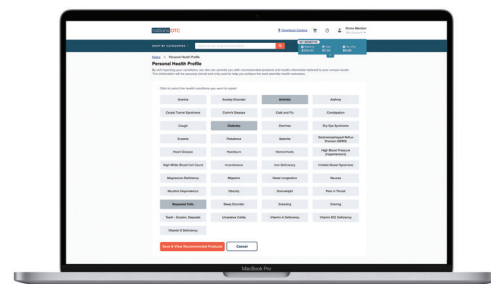
You can easily:

- ✓ **Search** for products by category, price and more
- ✓ **See** product descriptions, images, and related condition information
- ✓ **View** your available benefit allowance
- ✓ **Order** health and wellness products
- ✓ **Track** your order status in real-time

---

## Personal Health Profile

Your personal health profile is built with you in mind. By self-reporting your conditions, you'll receive product recommendations and health information tailored to your unique needs. What you choose to share with us can be used to help you achieve your desired health goals.



Explore these features and more at [NationsOTC.com/FHCPMedicare](https://NationsOTC.com/FHCPMedicare).



## Your Benefit Coverage



### **Benefit Usage:**

This benefit is only for you. CMS does not allow your benefit to be used for your family or friends.

---



### **Disenrollment:**

If you disenroll from your health plan, your OTC benefit will automatically end.

---



### **Delivery:**

Allow two days for delivery.

---



### **Returns:**

Due to the personal nature of these products, we do not require products to be returned.

---



### **Availability:**

Items, amounts, sizes, and values are subject to change depending on product availability.

---



### **Substitution:**

If an item is out of stock, a similar product of equal or higher value will be shipped.

# Product Categories



Top Selling Products	7
Anticandidal (Yeast)	12
Bathroom Safety & Fall Prevention	12
Cold, Flu & Allergy	12
Dental & Denture Care	15
Diabetes Care	16
Digestive Health	16
Eye & Ear Care	18
Feminine Care	19
First Aid & Medical Supplies	20
Foot Care	21
Hemorrhoidal Preparations	22
Home Diagnostic & Patient Aids	22
Home Health Care	24
Incontinence Supplies	24
Pain Relief	25
Pediculicide (Lice Treatment)	28
Personal Care	28
Personal Emergency Response System (PERS)	28
Rehabilitation, Therapy & Exercise	28
Skin Care	29
Sleep Aids	30
Smoking Cessation	30
Supports & Braces	30
Vitamins & Dietary Supplements	33

## Top Selling Products



Cough Drops, Cherry  
Count: 30

Item#: 5220 \$2.00



Cough Drops, Honey Lemon  
Count: 30

Item#: 5545 \$3.00



Cough Drops, Menthol  
Count: 30

Item#: 5126 \$2.00



Cough Drops, Sugar-Free,  
Black Cherry  
Count: 25

Item#: 5405 \$3.00



Medicated Lip Balm,  
0.15 oz.  
Count: 1

Item#: 5559 \$2.00



Vapor Rub, 3.5 oz.  
Count: 1

Item#: 5511 \$3.00



Dental Floss, Reach®,  
Mint Waxed  
Count: 1

Item#: 5130 \$4.00



Denture Cleaning Tablets  
Count: 40

Item#: 5546 \$4.00



Interdental Flossers  
Count: 90

Item#: 5200 \$3.00



Toothbrush, Colgate®,  
Adult Medium  
Count: 1

Item#: 5101 \$3.00

## Top Selling Products



Toothbrush, Colgate®,  
Adult Soft  
Count: 1

Item#: 5505 \$3.00



Toothpaste, Colgate®, 4 oz.  
Count: 1

Item#: 5047 \$4.00



Toothpaste,  
Crest® Sensi-Relief, 4.1 oz.  
Count: 1

Item#: 5811 \$9.00



Alcohol Pads\*  
Count: 100

Item#: 5295 \$3.00



Antacid Extra Strength  
Chewables  
Strength: 750 mg.  
Count: 96

Item#: 5438 \$4.00



Loperamide Anti-Diarrheal  
Caplets\*  
Strength: 2 mg.  
Count: 12

Item#: 5429 \$3.00



Artificial Tears Drops, 0.5 oz.  
Count: 1

Item#: 5004 \$4.00



Clear Eyes® Eye Drops,  
0.2 oz.  
Count: 1

Item#: 5487 \$4.00



Cotton Swabs  
Count: 300

Item#: 5385 \$4.00



Q-Tips® Cotton Swabs  
Count: 170

Item#: 5608 \$4.00



# Top Selling Products



**Bandages, Assorted\***  
Count: 100

Item#: 5173      \$3.00



**Disposable Gloves, Nitrile, Medium**  
Count: 100

Item#: 5193      \$12.00



**Hydrocortisone Cream, 1 oz.**  
Strength: 1%  
Count: 1

Item#: 5400      \$3.00



**Neosporin® Plus, 0.5 oz.**  
Count: 1

Item#: 5250      \$9.00



**Rubbing Alcohol, 16 oz.\***  
Strength: 70%  
Count: 1

Item#: 5541      \$4.00



**Band-Aids®\***  
Count: 100

Item#: 5128      \$8.00



**Disposable Gloves, Nitrile, Large**  
Count: 100

Item#: 5191      \$12.00



**Hydrogen Peroxide, 8 oz.**  
Strength: 3%  
Count: 1

Item#: 5227      \$3.00



**Procedural Face Masks with Earloops**  
Count: 50

Item#: 5817      \$12.00



**Triple Antibiotic Ointment, 1 oz.**  
Count: 1

Item#: 5869      \$3.00

\*†\$See Page 35

## Top Selling Products



Vaseline® Jelly, 3.75 oz.  
Count: 1

Item#: 5127 \$4.00



A&D Ointment, 4 oz.  
Count: 1

Item#: 5525 \$2.00



Adult Washcloths  
Disposable\*  
Count: 48

Item#: 5447 \$4.00



Flushable Wipes\*  
Count: 24

Item#: 5529 \$4.00



Acetaminophen Extra  
Strength Tablets  
Strength: 500 mg.  
Count: 100

Item#: 5303 \$5.00



Aspirin Chewables,  
Low Dose  
Strength: 81 mg.  
Count: 36

Item#: 5073 \$2.00



Aspirin, Enteric Coated  
Tablets, Low Dose  
Strength: 81 mg.  
Count: 120

Item#: 5090 \$3.00



Bayer® Enteric Coated  
Aspirin, Low Dose  
Strength: 81 mg.  
Count: 32

Item#: 5034 \$5.00



Cold Hot Medicated Patch  
Count: 5

Item#: 5080 \$4.00



Ibuprofen Tablets  
Strength: 200 mg.  
Count: 50

Item#: 5093 \$3.00

## Top Selling Products



### Tylenol® Extra Strength Tablets

Strength: 500 mg.  
Count: 100

Item#: 5423      \$15.00



### Calcium + Vitamin D3 Tablets<sup>†</sup>

Strength: 600 mg.  
Count: 60

Item#: 5298      \$4.00



### Coenzyme Q-10<sup>‡</sup>

Strength: 100 mg.  
Count: 30

Item#: 5156      \$7.00



### Glucosamine Chondroitin<sup>‡</sup>

Strength: 1,500 mg.,  
1,200 mg.  
Count: 60

Item#: 5176      \$15.00



### Vitamin D3<sup>‡</sup>

Strength: 25 mcg.  
Count: 100

Item#: 5183      \$7.00



### Hand Sanitizer Gel, 8 oz. Count: 1

Item#: 5924      \$4.00



### Centrum® Silver Vitamins<sup>†</sup>

Count: 125

Item#: 5001      \$19.00



### Fish Oil Softgels<sup>‡</sup>

Strength: 1,000 mg.  
Count: 60

Item#: 5140      \$8.00



### Vitamin C<sup>†</sup>

Strength: 500 mg.  
Count: 100

Item#: 5301      \$3.00



### Vitamin D3<sup>‡</sup>

Strength: 125 mcg.  
Count: 100

Item#: 5749      \$7.00

\*†‡See Page 35

Item#	Description	Strength	Count	Price
<b>Anticandidal (Yeast)</b>				
6017	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator), 1.5 oz.	1%	1 ct.	\$9.00
5016	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator), 0.32 oz.	2%	1 ct.	\$13.00
5283	Monistat® Vaginal Cream, 3-Day, 0.18 oz.	4%	1 ct.	\$24.00
5850	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator), 0.16 oz.	6.5%	1 ct.	\$17.00
<b>Bathroom Safety &amp; Fall Prevention</b>				
5647	Bath Mat, Non-Skid	-	1 ct.	\$11.00
5851	Bath Safety Bench with Back	-	1 ct.	\$40.00
5537	Bath Safety Bench without Back	-	1 ct.	\$30.00
5802	Bed Assist Bar	-	1 ct.	\$55.00
5803	Gait Belt, 60"	-	1 ct.	\$16.00
5804	Gait Belt, 72"	-	1 ct.	\$17.00
5591	Handheld Shower Head	-	1 ct.	\$20.00
5218	Knurled Chrome Grab Bar, 12"	-	1 ct.	\$17.00
5542	Knurled Chrome Grab Bar, 24"	-	1 ct.	\$22.00
5805	Knurled Chrome Grab Bar, 32"	-	1 ct.	\$34.00
5532	Raised Toilet Seat	-	1 ct.	\$25.00
5534	Raised Toilet Seat with Arms	-	1 ct.	\$35.00
5853	Shower Mat, Non-Skid	-	1 ct.	\$11.00
5806	Slipper Socks, One Size Fits Most	-	1 ct.	\$6.00
5533	Toilet Safety Rails	-	1 ct.	\$29.00
5536	Transfer Bench, Adjustable	-	1 ct.	\$65.00
5230	Tub Safety Bar	-	1 ct.	\$47.00
5032	Tub Safety Bar, Suction	-	1 ct.	\$16.00
<b>Cold, Flu &amp; Allergy</b>				
5252	Abreva® Cream, 2 gm.	10%	1 ct.	\$24.00
5084	Acetaminophen Sinus Congestion Caplets	325 mg., 5 mg.	24 ct.	\$3.00
5335	Afrin® Nasal Spray, 0.5 oz.	0.05%	1 ct.	\$13.00

Item#	Description	Strength	Count	Price
<b>Cold, Flu &amp; Allergy</b>				
5790	Airborne® Chew†	-	32 ct.	\$8.00
5606	Blistex® Ointment, 0.15 oz.	-	1 ct.	\$4.00
5344	Carmex®	-	1 ct.	\$3.00
5133	Cepacol® Sore Throat Lozenges	-	16 ct.	\$5.00
5052	Cetirizine Allergy Tablets	10 mg.	30 ct.	\$6.00
4055	Children's Cough, Cold, Allergy and Decongestant	-	1 ct.	\$4.00
5097	Chlorpheniramine Maleate Allergy Tablets	4 mg.	24 ct.	\$3.00
6015	Chlorpheniramine Maleate Allergy Tablets	4 mg.	100 ct.	\$6.00
5334	Claritin® Tablets	10 mg.	10 ct.	\$18.00
5163	Coricidin®	-	20 ct.	\$12.00
5338	Cough & Cold for High Blood Pressure	-	16 ct.	\$4.00
5202	Cough Drops, Halls®	-	30 ct.	\$5.00
5690	Cromolyn Sodium Allergy Nasal Spray, 26 ml.	-	1 ct.	\$13.00
5399	Day & Night Cold & Flu Caplets	-	20 ct.	\$6.00
5153	Day Cold & Flu Liquid, 8 oz.	325 mg., 10 mg., 5 mg.	1 ct.	\$5.00
5236	Day Cold & Flu Softgels	-	16 ct.	\$12.00
5234	DayQuil® Liquid, 8 oz.	325 mg., 10 mg., 5 mg.	1 ct.	\$12.00
5451	Diphenhydramine Allergy Tablets	25 mg.	24 ct.	\$3.00
5854	Diphenhydramine Allergy Tablets	25 mg.	100 ct.	\$5.00
6022	Diphenhydramine Allergy Tablets	25 mg.	400 ct.	\$11.00
5855	Fexofenadine Allergy Tablets	180 mg.	30 ct.	\$11.00
5677	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 60 sprays	50 mcg.	1 ct.	\$14.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 120 sprays	50 mcg.	1 ct.	\$21.00
5095	Green Tea Flu & Cold Honey Lemon	-	6 ct.	\$8.00
6028	Herpecin-L® Lip Balm, 0.1 oz.	1%	1 ct.	\$9.00
5503	Humidifier, Ultra-Sonic	-	1 ct.	\$42.00

Item#	Description	Strength	Count	Price
<b>Cold, Flu &amp; Allergy</b>				
5614	Humidifier, Ultra-Sonic, Crane®	-	1 ct.	\$65.00
4001	Levocetirizine Allergy Tablets	5 mg.	35 ct.	\$5.00
5418	Loratadine Allergy Tablets	10 mg.	30 ct.	\$4.00
5857	Loratadine Allergy Tablets	10 mg.	100 ct.	\$8.00
6031	Loratadine Allergy Tablets	10 mg.	365 ct.	\$25.00
5237	Mucinex® Day/Night Caplets	-	40 ct.	\$27.00
5465	Mucinex® DM Tablets	600 mg., 30 mg.	20 ct.	\$17.00
5464	Mucinex® Tablets	600 mg.	20 ct.	\$16.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release	1,200 mg., 60 mg.	14 ct.	\$10.00
5087	Mucus Relief DM Tablets	400 mg., 20 mg.	30 ct.	\$4.00
5691	Mucus Relief Tablets	400 mg.	100 ct.	\$9.00
6061	Multi-Symptom Cold Formula Caplets	10 mg., 5 mg., 325 mg.	24 ct.	\$6.00
5345	Nasacort® Allergy Relief 24-Hour, 60 sprays, 10.8 ml.	-	1 ct.	\$22.00
5799	Nasal Decongestant Inhaler, Levmetamfetamine, 0.007 oz.	-	1 ct.	\$8.00
5082	Nasal Decongestion PE Tablets	10 mg.	36 ct.	\$4.00
5081	Nasal Decongestion Spray, 1 oz.	0.05%	1 ct.	\$4.00
5807	Nasal Rinse Kit, Saline	-	1 kit	\$18.00
5197	Neti Pot	-	1 ct.	\$15.00
5040	Night Cold & Flu Liquid, 8 oz.	650 mg., 30 mg., 12.5 mg.	1 ct.	\$6.00
5083	Night Cold & Flu Softgels	-	16 ct.	\$5.00
5233	NyQuil® Liquid, 8 oz.	650 mg., 30 mg., 12.5 mg.	1 ct.	\$12.00
5235	NyQuil® Softgels LiquiCaps®	325 mg., 15 mg., 6.25 mg.	16 ct.	\$12.00
5692	Personal Steam Inhaler	-	1 ct.	\$53.00
5005	Robitussin® DM Syrup, 4 oz.	200 mg., 20 mg.	1 ct.	\$11.00

Item#	Description	Strength	Count	Price
<b>Cold, Flu &amp; Allergy</b>				
5072	Saline Nasal Spray, 1.5 oz.	0.65%	1 ct.	\$3.00
5693	Sore Throat Lozenges, Cherry	-	18 ct.	\$5.00
5694	Sore Throat Spray, Cherry, 6 oz.	-	1 ct.	\$7.00
5007	Thera-Flu® Multi-Symptom, Lemon	500 mg., 20 mg., 10 mg.	6 ct.	\$14.00
5015	Tussin Congestion Relief Syrup, 4 oz.	200 mg.	1 ct.	\$3.00
5023	Tussin DM Sugar-Free Syrup, 4 oz.	100 mg., 10 mg.	1 ct.	\$4.00
5008	Tylenol® Sinus Congestion Caplets	325 mg., 5 mg.	24 ct.	\$12.00
5426	Zyrtec®	10 mg.	14 ct.	\$22.00
<b>Dental &amp; Denture Care</b>				
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	-	1 ct.	\$14.00
5330	Dental Floss, Mint Waxed	-	1 ct.	\$3.00
5168	Dental Travel Kit	-	1 ct.	\$3.50
5260	Denture Adhesive Cream, 2.4 oz.	-	1 ct.	\$4.00
5626	Denture Brush	-	1 ct.	\$1.50
5808	Efferdent® Plus Mint Tablets	-	44 ct.	\$9.00
5204	Efferdent® Tablets	-	20 ct.	\$3.00
5504	Fixodent® Cream, 0.75 oz.	-	1 ct.	\$4.00
5379	Fixodent® Cream, 2.4 oz.	-	1 ct.	\$8.00
5195	Oral Pain Relief Gel, 0.33 oz.	20%	1 ct.	\$3.00
5701	Polident® Denture Cream, 3.9 oz.	-	1 ct.	\$7.00
5809	Polident® Overnight	-	84 ct.	\$12.00
5810	Tongue Cleaner	-	1 ct.	\$6.00
5510	Toothbrush, Adult Patient	-	1 ct.	\$1.50
6051	Toothbrush, Battery Powered	-	1 ct.	\$17.00
5160	Toothbrush, Rechargeable	-	1 ct.	\$30.00
5161	Toothbrush, Rechargeable Replacement Heads	-	2 ct.	\$17.00
5702	Toothbrush, Soft 2-pack	-	1 ct.	\$6.00
5241	Toothpaste Squeezer	-	1 ct.	\$3.00



Item#	Description	Strength	Count	Price
<b>Dental &amp; Denture Care</b>				
5102	Toothpaste, Fluoride, 6.4 oz.	-	1 ct.	\$3.00
5859	Toothpaste, Pepsodent®, 5.5 oz.	-	1 ct.	\$3.00
5421	Toothpaste, Sensitive Teeth, 4.3 oz.	-	1 ct.	\$3.00
5530	Toothpaste, Travel Size, 0.85 oz.	-	1 ct.	\$1.50
5294	Toothpaste, Ultrabrite®, 6 oz.	-	1 ct.	\$4.00
5703	Water Jet Replacement Tips	-	5 ct.	\$17.00
5654	Water Jet, Battery Operated	-	1 ct.	\$41.00
<b>Diabetes Care</b>				
5812	Diabetic Skin Relief Foot Cream, 4 oz.	-	1 ct.	\$12.00
5225	Diabetic Socks, Black, Medium, 3-pack	-	1 ct.	\$6.00
5223	Diabetic Socks, Black, Large, 3-pack	-	1 ct.	\$6.00
5860	Diabetic Socks, Black, X-Large, 3-pack	-	1 ct.	\$6.00
5224	Diabetic Socks, White, Medium, 3-pack	-	1 ct.	\$6.00
5222	Diabetic Socks, White, Large, 3-pack	-	1 ct.	\$6.00
5861	Diabetic Socks, White, X-Large, 3-pack	-	1 ct.	\$6.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	-	1 ct.	\$8.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	-	1 ct.	\$8.00
6054	Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack	-	1 ct.	\$8.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	-	1 ct.	\$8.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	-	1 ct.	\$8.00
6057	Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack	-	1 ct.	\$8.00
5313	Glucose Tablets	-	50 ct.	\$6.00
5528	Sharps Container, 1 qt.	-	1 ct.	\$3.00
<b>Digestive Health</b>				
5214	Alka-Seltzer® Tablets	-	24 ct.	\$8.00
6004	Antacid / Anti-Gas Liquid, 12 oz.	-	1 ct.	\$6.00



Item#	Description	Strength	Count	Price
<b>Digestive Health</b>				
5304	Antacid Chewables	500 mg.	150 ct.	\$4.00
5060	Anti-Nausea Liquid, 4 oz.	-	1 ct.	\$5.00
6062	Beano®	-	30 ct.	\$9.00
5075	Bisacodyl Suppository	10 mg.	12 ct.	\$4.00
5094	Bisacodyl Tablets	5 mg.	25 ct.	\$3.00
5213	Bisacodyl Tablets	5 mg.	100 ct.	\$5.00
5475	Colace® Caplets	100 mg.	30 ct.	\$20.00
5420	Docusate Sodium Stool Softener Softgels	100 mg.	100 ct.	\$4.00
5254	Dramamine® Tablets	50 mg.	12 ct.	\$9.00
5238	Driminate Motion Sickness Tablets	50 mg.	12 ct.	\$3.00
5477	Dulcolax® Suppository	10 mg.	8 ct.	\$18.00
5554	Dulcolax® Tablets	5 mg.	25 ct.	\$12.00
5466	Effervescent Tablets	-	36 ct.	\$5.00
5036	Enema, Mineral Oil, 4.5 oz.	-	1 ct.	\$4.00
5167	Enema, Saline Laxative, 4.5 oz.	-	1 ct.	\$2.00
5862	Esomeprazole Magnesium Acid Reducer, Delayed Release Tablets*	20 mg.	42 ct.	\$17.00
5079	Famotidine Acid Reducer*	10 mg.	30 ct.	\$5.00
5021	Fiber Laxative Caplets	625 mg.	90 ct.	\$8.00
5028	Fleet® Saline Enema, 4.5 oz.	-	1 ct.	\$4.00
5280	Gas Relief Chewable Tablets	80 mg.	100 ct.	\$4.00
5009	Gas-X® ES Chewables	125 mg.	18 ct.	\$10.00
5188	Glycerin Suppositories	-	25 ct.	\$6.00
5043	Lactaid® Tablets	9,000 FCC	32 ct.	\$15.00
5077	Lactase Enzyme Caplets	9,000 FCC	60 ct.	\$8.00
4042	Loperamide Simethicone Anti-Diarrheal & Anti-Gas Caplets*	2 mg., 125 mg.	12 ct.	\$6.00
5801	Magnesium Citrate, Saline Laxative, Lemon, 10 oz.	-	1 ct.	\$6.00
6033	Meclizine Motion Sickness Tablets	12.5 mg.	100 ct.	\$8.00

Item#	Description	Strength	Count	Price
<b>Digestive Health</b>				
5292	Metamucil®, Orange, 114 dose, 48 oz.	-	1 ct.	\$28.00
5290	Metamucil®, Sugar-Free Orange, 72 dose, 15 oz.	-	1 ct.	\$26.00
5697	Methylcellulose Fiber Therapy, 16 oz.	-	1 ct.	\$12.00
5795	Milk of Magnesia, 12 oz.	-	1 ct.	\$4.50
5033	Natural Vegetable Laxative (Psyllium), 13 oz.	-	1 ct.	\$9.00
6037	Natural Vegetable Laxative (Psyllium), 30.4 oz.	-	1 ct.	\$15.00
6038	Natural Vegetable Laxative, Sugar-Free (Psyllium), 15 oz.	-	1 ct.	\$12.00
5056	Nexium®*	20 mg.	14 ct.	\$17.00
5025	Omeprazole Acid Reducer, Delayed Release Tablets*	20 mg.	14 ct.	\$11.00
5863	Omeprazole Acid Reducer, Delayed Release Tablets*	20 mg.	42 ct.	\$18.00
5864	Omeprazole Acid Reducer, Delayed Release, Dissolvable Tablets*	20 mg.	42 ct.	\$23.00
5217	Pepcid® AC*	10 mg.	30 ct.	\$16.00
5286	Pepto-Bismol®, 8 oz.	525 mg.	1 ct.	\$8.00
5287	Pepto-Bismol®, 16 oz.	525 mg.	1 ct.	\$12.00
5289	Pepto-Bismol® Tablets	262 mg.	30 ct.	\$8.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	-	1 ct.	\$13.50
5288	Prilosec OTC®*	20 mg.	14 ct.	\$18.00
5212	Senna + Laxative Tablets	50 mg., 8.6 mg.	60 ct.	\$3.00
5062	Stomach Relief Liquid, 8 oz.	525 mg.	1 ct.	\$4.00
5336	Stomach Relief Tablets	262 mg.	30 ct.	\$5.00
5361	Tucks® Medicated Cooling Pads	50%	100 ct.	\$14.00
5030	TUMS®	500 mg.	150 ct.	\$13.00
5800	TUMS® Extra Strength	750 mg.	48 ct.	\$8.00
5247	Vitafusion® Fiber Gummy†	-	90 ct.	\$17.00
<b>Eye &amp; Ear Care</b>				
5362	Debrox® Earwax Drops, 0.5 oz.	6.5%	1 ct.	\$10.00

Item#	Description	Strength	Count	Price
<b>Eye &amp; Ear Care</b>				
5031	Ear Dry Drops, 1 oz.	-	1 ct.	\$7.50
5815	Ear Pain Relief Ear Drops, 10 ml.	-	1 ct.	\$13.00
5166	Ear Syringe	-	1 ct.	\$3.00
5189	Earwax Removal Drops, 0.5 oz.	6.5%	1 ct.	\$3.00
5704	Earwax Removal System with Rubber Bulb	6.5%	1 ct.	\$9.00
5138	Eye Wash Solution, 3.9 oz.	-	1 ct.	\$8.50
5041	Irritation Relief Eye Drops, 0.5 oz.	-	1 ct.	\$7.00
4004	Ketotifen Fumarate Ophthalmic Solution, 5 ml.	0.025%	1 ct.	\$15.00
5705	Multi-Purpose Contact Lens Solution, 12 oz.	-	1 ct.	\$8.00
5473	Pain Relief Mask, Gel	-	1 ct.	\$7.00
5513	Reading Glasses, Diopter +1.0	-	1 ct.	\$6.00
5514	Reading Glasses, Diopter +1.25	-	1 ct.	\$6.00
5515	Reading Glasses, Diopter +1.5	-	1 ct.	\$6.00
5516	Reading Glasses, Diopter +1.75	-	1 ct.	\$6.00
5517	Reading Glasses, Diopter +2.0	-	1 ct.	\$6.00
5518	Reading Glasses, Diopter +2.25	-	1 ct.	\$6.00
5519	Reading Glasses, Diopter +2.5	-	1 ct.	\$6.00
5520	Reading Glasses, Diopter +2.75	-	1 ct.	\$6.00
5521	Reading Glasses, Diopter +3.0	-	1 ct.	\$6.00
5522	Reading Glasses, Diopter +3.25	-	1 ct.	\$6.00
5523	Reading Glasses, Diopter +3.5	-	1 ct.	\$6.00
4041	Reading Glasses, Diopter +3.75	-	1 ct.	\$6.00
5524	Reading Glasses, Diopter +4.0	-	1 ct.	\$6.00
5048	Redness Relief Eye Drops, 0.5 oz.	-	1 ct.	\$3.00
5706	Stye Eye Compress	-	1 ct.	\$11.00
5707	Stye Eye Ointment, 3.5 gm.	-	1 ct.	\$11.00
5494	Visine® Redness Relief Drops, 0.5 oz.	-	1 ct.	\$12.00
<b>Feminine Care</b>				
5619	Estroven® Menopause Relief†	-	30 ct.	\$17.00

Item#	Description	Strength	Count	Price
<b>First Aid &amp; Medical Supplies</b>				
5404	Adhesive First Aid Tape*	-	1 ct.	\$3.00
5682	Alcohol Swabs*	-	3 ct.	\$3.00
5816	Antiseptic Skin Cleanser, 8 oz.	-	1 ct.	\$11.00
6005	Antiseptic Towelettes	-	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	-	1 ct.	\$4.00
5698	Bactine® Solution, 5 oz.	-	1 ct.	\$10.00
5151	Bandage, Stretch Gauze*	-	1 ct.	\$2.00
5708	Bedside Commode*	-	1 ct.	\$75.00
5203	Benadryl® Cream, 1 oz.	-	1 ct.	\$8.00
5547	Burn Relief Spray, 4 oz.	-	1 ct.	\$6.00
5199	Butterfly Closures	-	12 ct.	\$3.00
5066	Calamine Lotion, 6 oz.	-	1 ct.	\$4.00
5699	Caldyphen Clear Lotion Local Analgesic, 6 oz.	1%	1 ct.	\$8.00
5192	Cotton Balls	-	100 ct.	\$3.00
5866	Cotton Tipped Applicator, 6"	-	1,000 ct.	\$8.00
5078	Diphenhydramine Anti-Itch Cream, 1.25 oz.	2%	1 ct.	\$3.00
5194	Disposable Gloves, Nitrile, Small	-	100 ct.	\$12.00
5930	Disposable Gloves, Nitrile, X-Large	-	100 ct.	\$12.00
5867	First Aid Kit, 20 Pieces	-	1 ct.	\$3.00
5612	First Aid Kit, 75 Pieces	-	1 ct.	\$6.00
5711	First Aid Kit, 175 Pieces	-	1 ct.	\$15.00
5868	First Aid Kit, 200 Pieces	-	1 ct.	\$20.00
5605	Flex Seal™ Spray Bandage, 1.35 oz.*	-	1 ct.	\$7.00
5459	Gauze Pad, Sterile*	-	100 ct.	\$7.00
5433	Gauze Sponges, 4" x 4"*	-	25 ct.	\$4.00
5527	Hydrogen Peroxide, 4 oz.	3%	1 ct.	\$2.00
5317	Ice Bag	-	1 ct.	\$5.00
5045	Liquid Bandage, 0.3 oz.	-	1 ct.	\$8.00

Item#	Description	Strength	Count	Price
<b>First Aid &amp; Medical Supplies</b>				
5059	Neosporin® Ointment, 0.5 oz.	-	1 ct.	\$8.00
5437	Petroleum Jelly, 4 oz.	-	1 ct.	\$2.00
5712	Povidone Iodine Solution Antiseptic, 4 oz.	-	1 ct.	\$6.00
6079	PPE Kit (2 Pair Gloves, 1 Face Mask, 4 Alcohol Prep Pads)	-	1 kit	\$7.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	-	1 ct.	\$2.00
6042	Tape, Paper Surgical, 2" x 10 yd.*	-	1 ct.	\$3.00
6043	Tape, Silk Surgical, 1" x 10 yd.*	-	1 ct.	\$2.00
6044	Tape, Silk Surgical, 2" x 10 yd.*	-	1 ct.	\$3.00
6045	Tape, Transparent Surgical, 1" x 10 yd.*	-	1 ct.	\$2.00
6046	Tape, Transparent Surgical, 2" x 10 yd.*	-	1 ct.	\$3.00
5544	Toe Separator	-	6 ct.	\$5.00
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	-	1 ct.	\$4.00
5121	Warm & Cold Water Bottle	-	1 ct.	\$8.00
<b>Foot Care</b>				
5818	Bunion Guard	-	1 ct.	\$9.00
5219	Callus Cushions	-	6 ct.	\$3.00
5216	Clotrimazole Athlete's Foot Cream, 1.5 oz.	1%	1 ct.	\$4.00
5497	Compound W® Gel, 0.25 oz.	17%	1 ct.	\$14.00
5196	Corn & Callus Remover, 0.33 oz.	-	1 ct.	\$6.00
6018	Corn Remover Pads	-	9 ct.	\$6.00
5543	Foot Powder, 4 oz.	-	1 ct.	\$5.00
5819	Hammer Toe Crest	-	1 ct.	\$10.00
5667	Lamb's Wool Padding	-	1 ct.	\$4.00
5164	Liquid Wart Remover, 0.31 oz.	-	1 ct.	\$5.00
5013	Lotrimin® AF Cream, 0.42 oz.	1%	1 ct.	\$14.00
5158	Medicated Callus Removers	-	6 ct.	\$4.00
5431	Miconazole Nitrate, 1 oz.	2%	1 ct.	\$7.00
5159	Moleskin Sheets	-	4 ct.	\$4.00

Item#	Description	Strength	Count	Price
<b>Foot Care</b>				
5162	Tinactin® Cream, 0.5 oz.	1%	1 ct.	\$17.00
6049	Toe Protector, Small	-	1 ct.	\$8.00
6050	Toe Protector, Large	-	1 ct.	\$8.00
5165	Tolnaftate Antifungal Cream, 1.25 oz.	1%	1 ct.	\$4.00
<b>Hemorrhoidal Preparations</b>				
5414	Hemorrhoid Ointment, 2 oz.	-	1 ct.	\$5.00
5076	Hemorrhoid Pad	50%	100 ct.	\$7.00
5351	Hemorrhoid Suppository	-	12 ct.	\$7.00
5820	Preparation H® Medicated Wipes	-	48 ct.	\$11.00
5057	Preparation H® Ointment, 2 oz.	-	1 ct.	\$21.00
<b>Home Diagnostic &amp; Patient Aids</b>				
5813	Activity Tracker	-	1 ct.	\$50.00
5602	Bathroom Scale, Dial <sup>†</sup> \$	-	1 ct.	\$20.00
5119	Bathroom Scale, Digital <sup>†</sup> \$	-	1 ct.	\$24.00
5814	Bathroom Scale, Digital Talking <sup>†</sup> \$	-	1 ct.	\$40.00
5562	Blood Pressure Monitor, Manual <sup>†</sup>	-	1 ct.	\$15.00
5371	Blood Pressure Monitor, Upper Arm Automatic <sup>†</sup>	-	1 ct.	\$24.00
5573	Blood Pressure Monitor, Upper Arm Talking <sup>†</sup>	-	1 ct.	\$32.00
5370	Blood Pressure Monitor, Wrist <sup>†</sup>	-	1 ct.	\$20.00
5872	Blood Pressure Monitor, Wrist Talking <sup>†</sup>	-	1 ct.	\$24.00
5100	Button & Zipper Aid	-	1 ct.	\$5.00
6013	Cast, Bandage & Wound Protector, Arm	-	2 ct.	\$15.00
6014	Cast, Bandage & Wound Protector, Leg	-	2 ct.	\$15.00
6019	CPAP Mask Wipes	-	72 ct.	\$12.00
6020	CPAP Pillow Fiber Filled	-	1 ct.	\$50.00
6021	CPAP Pillow Memory Foam	-	1 ct.	\$85.00
5709	Cushion, Foam Ring	-	1 ct.	\$20.00
5710	Cushion, Gel/Foam Seat	-	1 ct.	\$28.00
5873	Cushion, Lumbar	-	1 ct.	\$20.00

Item#	Description	Strength	Count	Price
<b>Home Diagnostic &amp; Patient Aids</b>				
4002	Drug Disposal System, 4 oz.	-	1 ct.	\$8.00
5874	Elastic Mattress Cover, 80" x 36" x 6"	-	1 ct.	\$7.00
5723	EZ Detect™ Colon Cancer Test Kit‡	-	1 ct.	\$24.00
5201	Heart Rate Monitor Watch‡	-	1 ct.	\$30.00
5778	HIV Test‡	-	1 ct.	\$45.00
5124	Kitchen Scale, Dial‡	-	1 ct.	\$6.00
5821	Kitchen Scale, Digital‡	-	1 ct.	\$25.00
5500	Long Handle Bath Sponge	-	1 ct.	\$8.00
6034	Medical ID Bracelet, Diabetic	-	1 ct.	\$13.00
6035	Medical ID Bracelet, Heart	-	1 ct.	\$13.00
4003	Medication Lock Box	-	1 ct.	\$32.00
5822	Medicine Bottle Opener with Magnifier	-	1 ct.	\$10.00
5639	Night Light	-	1 ct.	\$3.00
5206	Omron® Pedometer	-	1 ct.	\$31.00
5246	Pill Bottle Opener Aid	-	1 ct.	\$8.00
5242	Pill Box, 7 Day, 1 Time a Day	-	1 ct.	\$4.00
5210	Pill Box, 7 Day, 4 Times a Day	-	1 ct.	\$7.00
5508	Pill Box, 7 Day, AM & PM	-	1 ct.	\$9.00
5823	Pill Crusher with Storage	-	1 ct.	\$10.00
5824	Pill Cutter with Safety Shield	-	1 ct.	\$7.00
5096	Pulse Oximeter‡	-	1 ct.	\$25.00
5098	Reaching Aid Device	-	1 ct.	\$13.00
5656	Shoe Horn	-	1 ct.	\$2.00
5415	Thermometer Probe Cover	-	30 ct.	\$3.00
5149	Thermometer, 60 Second	-	1 ct.	\$3.00
6048	Thermometer, Digital Ear	-	1 ct.	\$24.00
5172	Thermometer, Flex Tip	-	1 ct.	\$9.00
5627	Thermometer, Talking Ear & Forehead	-	1 ct.	\$36.00

Item#	Description	Strength	Count	Price
<b>Home Health Care</b>				
5369	Adult Nebulizer Mask with Tubing‡	-	1 ct.	\$4.00
5539	Cane, Adjustable Quad Bariatric*	-	1 ct.	\$35.00
5315	Cane, Adjustable Quad Standard*	-	1 ct.	\$18.00
6041	Cane, Adjustable Quad Large*	-	1 ct.	\$24.00
5538	Cane, Folding*	-	1 ct.	\$14.00
5491	Peak Flow Meter‡	-	1 ct.	\$11.00
<b>Incontinence Supplies</b>				
6001	Adult Briefs, Medium (Adhesive Closure), 32" to 44"*	-	24 ct.	\$14.00
6002	Adult Briefs, Large (Adhesive Closure), 44" to 58"*	-	24 ct.	\$18.00
6003	Adult Briefs, X-Large (Adhesive Closure), 58" to 63"*	-	20 ct.	\$18.00
5714	Attends® Discreet Men's Guard*	-	20 ct.	\$14.00
5878	Attends® Discreet Men's Shield*	-	20 ct.	\$8.00
5879	Attends® Discreet Women's Moderate Bladder Control Pad*	-	20 ct.	\$6.00
5880	Attends® Discreet Women's Maximum Bladder Control Pad*	-	20 ct.	\$7.00
5715	Attends® Discreet Women's Ultimate Bladder Control Pad*	-	20 ct.	\$21.00
5881	Attends® Discreet Women's Panty Liner*	-	28 ct.	\$5.00
5716	Attends® Discreet Women's Ultrathin Pad*	-	20 ct.	\$8.00
5717	Barrier Cream, 4 oz.	-	1 ct.	\$9.00
5825	Bathing Wipes	-	8 ct.	\$7.50
6011	Bedpan	-	1 ct.	\$5.00
5150	Bladder Control Pad, Adult*	-	14 ct.	\$7.00
4043	Bladder Control Pad, Extended Wear Overnight*	-	24 ct.	\$30.00
5720	Bladder Control Shaped Pad, Moderate Absorbency*	-	28 ct.	\$12.00



Item#	Description	Strength	Count	Price
<b>Incontinence Supplies</b>				
5718	Bladder Control Shaped Pad, Maximum Absorbency*	-	28 ct.	\$12.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency*	-	28 ct.	\$16.00
5883	Disposable Underwear Pull-Up, Medium, 34" to 44"*	-	20 ct.	\$15.00
5882	Disposable Underwear Pull-Up, Large, 44" to 58"*	-	18 ct.	\$15.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"*	-	14 ct.	\$15.00
5443	Lady's Washable Panty, Small*	-	1 ct.	\$18.00
5444	Lady's Washable Panty, Medium*	-	1 ct.	\$18.00
5445	Lady's Washable Panty, Large*	-	1 ct.	\$18.00
5446	Lady's Washable Panty, X-Large*	-	1 ct.	\$18.00
6030	Lantiseptic® Skin Protectant Ointment, 4 oz.	50%	1 ct.	\$10.00
6032	Male Urinal	-	1 ct.	\$4.00
5440	Men's Washable Underwear, Small*	-	1 ct.	\$18.00
5441	Men's Washable Underwear, Medium*	-	1 ct.	\$18.00
5439	Men's Washable Underwear, Large*	-	1 ct.	\$18.00
5442	Men's Washable Underwear, X-Large*	-	1 ct.	\$18.00
5885	No-Rinse Body Wash, 8 oz.	-	1 ct.	\$4.00
6040	Perineal Wash Rinse-Free, 8 oz.	-	1 ct.	\$5.00
6058	Underpad, Disposable, 23" x 24"*	-	50 ct.	\$14.00
5170	Underpad, Disposable, 23" x 36"*	-	5 ct.	\$5.00
5721	Underpad, Disposable, 23" x 36"*	-	15 ct.	\$11.00
5722	Underpad, Disposable, 30" x 30"*	-	10 ct.	\$10.00
6059	Underpad, Extra Absorbent Air Permeable, 30" x 36"*	-	5 ct.	\$13.00
5413	Zinc Oxide Ointment, 1 oz.	20%	1 ct.	\$3.00
<b>Pain Relief</b>				
5022	Acetaminophen Arthritis	650 mg.	24 ct.	\$4.00

Item#	Description	Strength	Count	Price
<b>Pain Relief</b>				
5430	Acetaminophen Arthritis	650 mg.	100 ct.	\$11.00
5018	Acetaminophen Extra Strength Tablets	500 mg.	50 ct.	\$3.00
6066	Acetaminophen Plus Aspirin & Caffeine	250 mg., 250 mg., 65 mg.	100 ct.	\$7.00
5428	Acetaminophen PM Extra Strength Caplets	500 mg., 25 mg.	50 ct.	\$3.00
6039	Acetaminophen PM Extra Strength Caplets	500 mg., 25 mg.	100 ct.	\$6.00
5302	Acetaminophen Tablets	325 mg.	100 ct.	\$3.00
5054	Advil® LiquiGels	200 mg.	20 ct.	\$8.00
5053	Advil® Tablets	200 mg.	50 ct.	\$12.00
5375	After Bite® Relief, 0.5 oz.	-	1 ct.	\$6.00
5243	Aleve® Caplets	220 mg.	24 ct.	\$8.00
5256	Aleve® Caplets	220 mg.	90 ct.	\$15.00
4040	Aspercreme® with Lidocaine, 2.7 oz.	4%	1 ct.	\$13.00
5343	Aspercreme®, 1.25 oz.	10%	1 ct.	\$11.00
5297	Aspirin Tablets	325 mg.	100 ct.	\$3.00
5064	Aspirin, Enteric Coated Tablets	325 mg.	100 ct.	\$4.00
6010	Aspirin, Enteric Coated Tablets, Low Dose	81 mg.	500 ct.	\$11.00
5205	Bayer® Aspirin	325 mg.	100 ct.	\$13.00
5493	Bengay® Cream, 2 oz.	-	1 ct.	\$9.00
5251	Capsaicin Cream, 2.1 oz.	0.025%	1 ct.	\$7.00
4007	Capsaicin Heat Patch	0.025%	2 ct.	\$2.00
4038	Diclofenac Arthritis Pain Relief Gel, 3.53 oz.	1%	1 ct.	\$12.00
4013	Eagle Brand Medicated Oil, 24 ml.	-	1 ct.	\$12.00
4014	Eagle Brand Medicated Oil, Lavender, 24 ml.	-	1 ct.	\$13.00
5363	Ecotrin® Enteric Coated Aspirin Tablets	325 mg.	125 ct.	\$11.00
5011	Excedrin® Migraine Tablets	250 mg., 250 mg., 65 mg.	24 ct.	\$8.00
5314	Fast Freeze® Pain Relief Spray, 4 oz.	-	1 ct.	\$9.00
6027	Heating Pad Digital, 12" x 15"*	-	1 ct.	\$35.00

Item#	Description	Strength	Count	Price
<b>Pain Relief</b>				
5472	Heating Pad, 12" x 15"*	-	1 ct.	\$18.00
5726	Heating Pad, X-Large, 12" x 24"*	-	1 ct.	\$35.00
5725	Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"*	-	1 ct.	\$55.00
5886	HeatWraps, Back & Hip	-	2 ct.	\$6.00
5887	HeatWraps, Neck & Shoulder	-	3 ct.	\$6.00
5020	Ibuprofen Chewables	100 mg.	24 ct.	\$7.00
5401	Ibuprofen Liquid Gels	200 mg.	20 ct.	\$5.00
5485	Ibuprofen Tablets	200 mg.	100 ct.	\$4.00
6029	Ibuprofen Tablets	200 mg.	500 ct.	\$16.00
5342	Icy Hot® Pain Relief Roll-On, 2.5 oz.	16%	1 ct.	\$9.00
5341	Icy Hot® Patch	5%	5 ct.	\$8.00
5888	Lidocaine Patch	4%	5 ct.	\$7.00
4008	Medicated Pain Relief Patch	-	60 ct.	\$7.00
4009	Medicated Pain Relief Patch, Large	-	6 ct.	\$7.00
5826	Menthol Gel, 8 oz.	-	1 ct.	\$9.00
5457	Muscle Rub Cream, 1.25 oz.	-	1 ct.	\$3.00
5017	Naproxen Sodium Caplets	220 mg.	50 ct.	\$6.00
5889	Naproxen Sodium Caplets	220 mg.	100 ct.	\$7.00
5383	Salonpas® Patch	-	6 ct.	\$12.00
4015	Siang Pure Oil Original Red Formula, 7 ml.	-	1 ct.	\$13.00
5366	Tens Unit, Analog	-	1 ct.	\$44.00
4036	Tens Unit, Digital	-	1 ct.	\$40.00
4019	Tiger Balm® Liniment, 2 oz.	-	1 ct.	\$9.00
5318	Tiger Balm® Muscle Rub, 2 oz.	-	1 ct.	\$8.00
4018	Tiger Balm® Ointment, Extra Strength, 0.63 oz.	-	1 ct.	\$7.00
4020	Tiger Balm® Ointment, Ultra Strength, 1.7 oz.	-	1 ct.	\$12.00
4016	Tiger Balm® Patch, Regular	-	5 ct.	\$7.00
4017	Tiger Balm® Patch, Large	-	4 ct.	\$8.00

Item#	Description	Strength	Count	Price
<b>Pain Relief</b>				
5425	Tylenol® PM Extra Strength Tablets	500 mg.	24 ct.	\$11.00
5424	Tylenol® Regular Strength Tablets	325 mg.	100 ct.	\$12.50
6065	Urinary Pain Relief	95 mg.	30 ct.	\$10.00
5727	Wellpatch® Migraine	-	4 ct.	\$7.00
<b>Pediculicide (Lice Treatment)</b>				
5411	Lice Comb	-	1 ct.	\$2.00
5827	Lice Elimination Kit	-	1 kit	\$27.00
5024	Lice Treatment Shampoo, 4 oz.	4%	1 ct.	\$10.00
5035	LiceMD® Lice Shampoo, 4 oz.	-	1 ct.	\$18.00
<b>Personal Care</b>				
5390	Anti-Dandruff Shampoo, 11 oz.	-	1 ct.	\$3.00
4047	Fragrance Free Facial Bar Soap	-	1 ct.	\$4.50
4048	Fragrance Free Shampoo and Body Wash, 8 oz.	-	1 ct.	\$3.00
<b>Personal Emergency Response System (PERS)† Refer to page 35 for important information.</b>				
8024	Fall Detection Button†	-	1 ct.	\$7.50
8021	NationsResponse® Medical Alert Basic†	-	1 ct.	\$25.00
8022	NationsResponse® Medical Alert Plus (4G)†	-	1 ct.	\$28.00
8023	NationsResponse® On-The-Go (4G)†	-	1 ct.	\$30.00
<b>Rehabilitation, Therapy &amp; Exercise</b>				
6078	Eating Utensils, Weighted & Bendable	-	1 set	\$50.00
4012	Exercise DVD, Best of Season 1 Senior Exercise Program (with band)	-	1 ct.	\$32.00
4010	Exercise DVD, Simply Seated Senior Exercise Program	-	1 ct.	\$16.00
4011	Exercise DVD, Weight Loss Express Senior Exercise Program (with band)	-	1 ct.	\$27.00
6067	Exercise Resistance Band, X-Light	-	1 ct.	\$2.00
6068	Exercise Resistance Band, Light	-	1 ct.	\$2.00
6069	Exercise Resistance Band, Medium	-	1 ct.	\$2.00
6070	Exercise Resistance Band, Heavy	-	1 ct.	\$3.00

Item#	Description	Strength	Count	Price
<b>Rehabilitation, Therapy &amp; Exercise</b>				
6071	Exercise Resistance Band, X-Heavy	-	1 ct.	\$3.00
6072	Exercise Resistance Band, 2X-Heavy	-	1 ct.	\$3.00
4026	Gel Hand Exerciser Ball, Extra Soft	-	1 ct.	\$9.00
4027	Gel Hand Exerciser Ball, Soft	-	1 ct.	\$9.00
4028	Gel Hand Exerciser Ball, Medium	-	1 ct.	\$9.00
4029	Gel Hand Exerciser Ball, Firm	-	1 ct.	\$9.00
4030	Gel Hand Exerciser Ball, Extra Firm	-	1 ct.	\$9.00
4031	Gel Hand Exerciser Ball, Set of 5 Resistances	-	1 ct.	\$40.00
4034	Hand Weight, 1 lb.	-	1 ct.	\$25.00
4035	Hand Weight, 2 lb.	-	1 ct.	\$25.00
6073	Pedal Exerciser	-	1 ct.	\$50.00
6074	Rehab & Hip Kit (Reacher, Shoehorn, Sock Aid, Bath Sponge)	-	1 ct.	\$22.00
6075	Shoulder Pulley	-	1 ct.	\$17.00
6076	Sock Aid	-	1 ct.	\$6.00
6077	Stretch Strap	-	1 ct.	\$15.00
4033	Wrist & Ankle Cuff Weight, 1 lb.	-	1 ct.	\$25.00
4032	Wrist & Ankle Cuff Weight, 2.5 lb.	-	1 ct.	\$25.00
<b>Skin Care</b>				
5397	Acne Gel Benzoyl Peroxide, 1.5 oz.	10%	1 ct.	\$5.00
5535	Aloe Vera Cream, 8 oz.	-	1 ct.	\$3.00
5890	Ammonium Lactate Moisturizing Lotion, 8 oz.	12%	1 ct.	\$8.00
5169	Anti-Bacterial Wet Wipes	-	24 ct.	\$3.00
5091	Dry Skin Cream, 16 oz.	-	1 ct.	\$7.00
5479	Insect Repellent, 4 oz.	-	1 ct.	\$7.00
5486	Insect Repellent, Cutter® Backwoods, 6 oz.	-	1 ct.	\$8.00
6036	Moisturizing Body Lotion with Aloe, 8 oz.	-	1 ct.	\$5.00
5665	Sunscreen, SPF 30, 4 oz.	-	1 ct.	\$5.00

Item#	Description	Strength	Count	Price
<b>Sleep Aids</b>				
5074	Diphenhydramine Sleep Tablets	-	50 ct.	\$5.00
5891	Nasal Strips, Medium	-	30 ct.	\$10.00
5892	Nasal Strips, Large	-	30 ct.	\$10.00
5340	Unisom® Tablets	25 mg.	16 ct.	\$10.00
<b>Smoking Cessation</b>				
5050	Nicotine Gum <sup>†</sup>	2 mg.	20 ct.	\$9.00
5049	Nicotine Gum <sup>†</sup>	4 mg.	20 ct.	\$9.00
5285	Nicotine Gum <sup>†</sup>	4 mg.	50 ct.	\$25.00
5689	Nicotine Lozenge <sup>‡</sup>	4 mg.	72 ct.	\$39.00
5686	Nicotine Patches, Step 1 <sup>‡</sup>	21 mg. / 24 hr.	14 ct.	\$35.00
5687	Nicotine Patches, Step 2 <sup>‡</sup>	14 mg. / 24 hr.	14 ct.	\$35.00
5688	Nicotine Patches, Step 3 <sup>‡</sup>	7 mg. / 24 hr.	14 ct.	\$35.00
<b>Supports &amp; Braces</b>				
5395	Ankle Support	-	1 ct.	\$4.00
5146	Anti-Embolism Stockings, Small	-	1 pair	\$7.00
5148	Anti-Embolism Stockings, Medium	-	1 pair	\$7.00
5560	Anti-Embolism Stockings, Large	-	1 pair	\$7.00
5147	Anti-Embolism Stockings, X-Large	-	1 pair	\$7.00
5120	Arm Sling	-	1 ct.	\$10.00
5207	Arthritis Gloves, Small	-	1 pair	\$25.00
5208	Arthritis Gloves, Medium	-	1 pair	\$25.00
5209	Arthritis Gloves, Large	-	1 pair	\$25.00
6006	Arthritis Knee Sleeve, Small	-	1 ct.	\$24.00
6007	Arthritis Knee Sleeve, Medium	-	1 ct.	\$24.00
6008	Arthritis Knee Sleeve, Large	-	1 ct.	\$24.00
6009	Arthritis Knee Sleeve, X-Large	-	1 ct.	\$24.00
5893	Back Support Elastic, 24" to 46"	-	1 ct.	\$14.00
5894	Back Support Elastic with Lumbar	-	1 ct.	\$25.00

Item#	Description	Strength	Count	Price
<b>Supports &amp; Braces</b>				
6090	Back Support with Suspenders, Small	-	1 ct.	\$20.00
6091	Back Support with Suspenders, Medium	-	1 ct.	\$20.00
6092	Back Support with Suspenders, Large	-	1 ct.	\$20.00
6093	Back Support with Suspenders, X-Large	-	1 ct.	\$20.00
5604	Back Support, Universal	-	1 ct.	\$25.00
5407	Carpal Tunnel Glove, Small	-	1 ct.	\$30.00
5408	Carpal Tunnel Glove, Medium	-	1 ct.	\$30.00
5409	Carpal Tunnel Glove, Large	-	1 ct.	\$30.00
5470	Carpal Tunnel Night Brace	-	1 ct.	\$30.00
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8)†	-	1 pair	\$13.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11)†	-	1 pair	\$13.00
5897	Compression Knee-High Socks, 15-20 mmHg, Men's White, Medium (Shoe Size 6-8)†	-	1 pair	\$13.00
5898	Compression Knee-High Socks, 15-20 mmHg, Men's White, Large (Shoe Size 7.5-11)†	-	1 pair	\$13.00
5729	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Small (Shoe Size 4-5)†	-	1 pair	\$13.00
5899	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Medium (Shoe Size 5.5-7.5)†	-	1 pair	\$13.00
5900	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5)†	-	1 pair	\$13.00
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5)†	-	1 pair	\$13.00
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5)†	-	1 pair	\$13.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5)†	-	1 pair	\$13.00
5903	Deluxe Criss Cross Back Support, Small, 28" to 32"	-	1 ct.	\$21.00
5904	Deluxe Criss Cross Back Support, Medium, 33" to 37"	-	1 ct.	\$21.00

Item#	Description	Strength	Count	Price
<b>Supports &amp; Braces</b>				
5905	Deluxe Criss Cross Back Support, Large, 38" to 42"	-	1 ct.	\$21.00
6024	Elastic Bandage, 2" x 4.5 yd.*	-	1 ct.	\$2.00
5398	Elastic Bandage, 3" x 5 yd.*	-	1 ct.	\$2.00
5152	Elastic Bandage, 4" x 5 yd.*	-	1 ct.	\$2.00
6025	Elastic Bandage, 6" x 5 yd.*	-	1 ct.	\$4.00
5906	Heel & Elbow Protector, Small	-	1 ct.	\$14.00
5907	Heel & Elbow Protector, Medium	-	1 ct.	\$14.00
5908	Heel & Elbow Protector, Large	-	1 ct.	\$14.00
5909	Heel & Elbow Protector, X-Large	-	1 ct.	\$14.00
5732	Hip Protector, Small	-	1 ct.	\$37.00
5731	Hip Protector, Medium	-	1 ct.	\$37.00
5730	Hip Protector, Large	-	1 ct.	\$37.00
5733	Hip Protector, X-Large	-	1 ct.	\$37.00
5526	Hot Cold Reusable Pack, 5" x 10"	-	1 ct.	\$4.00
5734	Knee Stabilizer	-	1 ct.	\$21.00
5735	Knee Support, Elastic, Small	-	1 ct.	\$9.00
5736	Knee Support, Elastic, Small with Stays	-	1 ct.	\$19.00
5910	Knee Support, Elastic, Medium	-	1 ct.	\$9.00
5911	Knee Support, Elastic, Medium with Stays	-	1 ct.	\$19.00
5912	Knee Support, Elastic, Large	-	1 ct.	\$9.00
5913	Knee Support, Elastic, Large with Stays	-	1 ct.	\$19.00
5914	Protective Arm Sleeve, Small	-	1 pair	\$22.00
5915	Protective Arm Sleeve, Medium	-	1 pair	\$22.00
5916	Protective Arm Sleeve, Large	-	1 pair	\$22.00
5917	Protective Arm Sleeve, X-Large	-	1 pair	\$22.00
5737	Rib Belt, Female, One Size Fits Most	-	1 ct.	\$18.00
5738	Rib Belt, Male, One Size Fits Most	-	1 ct.	\$18.00
5391	Support, Knee with U-Buttress, Medium	-	1 ct.	\$31.00



Item#	Description	Strength	Count	Price
<b>Supports &amp; Braces</b>				
5392	Support, Knee with U-Buttress, Large	-	1 ct.	\$31.00
5388	Support, Knee with U-Buttress, X-Large	-	1 ct.	\$31.00
6047	Tennis Elbow Support	-	1 ct.	\$9.00
5561	Thumb Brace	-	1 ct.	\$15.00
5389	Wrist Support	-	1 ct.	\$4.00
<b>Vitamins &amp; Dietary Supplements</b>				
6012	Beta Carotene <sup>†</sup>	7,500 mcg.	100 ct.	\$8.00
5359	Biotin Gummy <sup>†</sup>	5,000 mcg.	60 ct.	\$8.00
5300	Calcium <sup>†</sup>	600 mg.	60 ct.	\$6.00
5355	Calcium + Vitamin D3 Gummy <sup>†</sup>	500 mg., 25 mcg.	60 ct.	\$11.00
5739	Calcium Chew, Chocolate <sup>†</sup>	650 mg.	60 ct.	\$10.00
5181	Calcium, Oyster Shell <sup>†</sup>	500 mg.	100 ct.	\$6.00
4056	Centrum® Adults 50+ Chewables <sup>†</sup>	-	60 ct.	\$14.00
5000	Centrum® Vitamins <sup>†</sup>	-	130 ct.	\$17.00
4037	Chromium Picolinate <sup>†</sup>	200 mcg.	100 ct.	\$6.00
5402	Cod Liver Softgels <sup>†</sup>	400 mg.	110 ct.	\$6.00
5306	Daily Multivitamin <sup>†</sup>	-	100 ct.	\$3.00
5354	Daily Multivitamin Gummy <sup>†</sup>	-	60 ct.	\$8.00
5918	Daily Multivitamin Gummy <sup>†</sup>	-	120 ct.	\$10.00
6063	DHEA Hormonal Supplement <sup>†</sup>	25 mg.	90 ct.	\$10.00
5448	Eye Supplement Tablets <sup>†</sup>	-	60 ct.	\$4.00
5740	Ferrous Gluconate Iron Supplement <sup>†</sup>	240 mg.	100 ct.	\$4.50
5299	Ferrous Sulfate Iron Supplement <sup>†</sup>	325 mg.	100 ct.	\$3.00
5271	Flaxseed Oil Softgels <sup>†</sup>	1,000 mg.	100 ct.	\$8.00
5071	Folic Acid <sup>†</sup>	400 mcg.	100 ct.	\$3.00
5668	Folic Acid <sup>†</sup>	800 mcg.	100 ct.	\$5.00
5270	Folic Acid <sup>†</sup>	800 mcg.	180 ct.	\$7.00
6026	Glucosamine (Joint Health Support) <sup>†</sup>	500 mg.	60 ct.	\$9.00
5919	Immune Support Chewables <sup>†</sup>	-	50 ct.	\$9.00

Item#	Description	Strength	Count	Price
<b>Vitamins &amp; Dietary Supplements</b>				
5436	Lutein <sup>†</sup>	20 mg.	60 ct.	\$11.00
5742	Magnesium <sup>†</sup>	250 mg.	110 ct.	\$6.00
5328	Magnesium <sup>†</sup>	500 mg.	100 ct.	\$7.00
5273	Melatonin <sup>†</sup>	3 mg.	90 ct.	\$6.00
5358	Melatonin Gummy <sup>†</sup>	5 mg.	120 ct.	\$12.00
5743	Niacin <sup>†</sup>	100 mg.	100 ct.	\$5.00
5184	Niacin <sup>†</sup>	500 mg.	100 ct.	\$6.00
5255	Niacin Flush Free <sup>†</sup>	500 mg.	60 ct.	\$10.00
5920	One Daily Men's Multivitamin <sup>†</sup>	-	100 ct.	\$6.00
5186	One Daily Women's Multivitamin <sup>†</sup>	-	100 ct.	\$6.00
5174	Potassium Gluconate <sup>†</sup>	595 mg.	100 ct.	\$6.00
5744	Rena-Vite <sup>†</sup>	-	100 ct.	\$10.00
5226	Selenium <sup>†</sup>	200 mcg.	60 ct.	\$5.00
5132	Senior Multivitamin <sup>†</sup>	-	90 ct.	\$7.00
4005	Senior Men's Multivitamin <sup>†</sup>	-	100 ct.	\$8.00
4006	Senior Women's Multivitamin <sup>†</sup>	-	100 ct.	\$8.00
5921	Stress Formula Tablets with Zinc <sup>†</sup>	-	60 ct.	\$5.00
4060	Sundown® Naturals Daily Multivitamin Gummy, Non-GMO <sup>†</sup>	-	50 ct.	\$9.00
4059	Sundown® Naturals Vitamin B-Complex, Non-GMO <sup>†</sup>	-	100 ct.	\$5.00
5065	Vitamin A <sup>†</sup>	3,000 mcg.	100 ct.	\$4.00
5745	Vitamin B-1 <sup>†</sup>	100 mg.	100 ct.	\$6.00
5308	Vitamin B-12 <sup>†</sup>	100 mcg.	100 ct.	\$4.00
5746	Vitamin B-12 <sup>†</sup>	500 mcg.	100 ct.	\$6.00
6060	Vitamin B-12 <sup>†</sup>	1,000 mcg.	100 ct.	\$9.00
5922	Vitamin B-12, Sublingual <sup>†</sup>	5,000 mcg.	30 ct.	\$6.00
5747	Vitamin B-6 <sup>†</sup>	100 mg.	100 ct.	\$6.00
5305	Vitamin B-Complex <sup>†</sup>	-	100 ct.	\$4.00

Item#	Description	Strength	Count	Price
<b>Vitamins &amp; Dietary Supplements</b>				
5179	Vitamin B-Complex + Vitamin C <sup>‡</sup>	-	100 ct.	\$7.00
5248	Vitamin B-Complex Gummy <sup>‡</sup>	-	70 ct.	\$12.00
5748	Vitamin C <sup>‡</sup>	1,000 mg.	100 ct.	\$7.00
5492	Vitamin C Gummy <sup>‡</sup>	250 mg.	60 ct.	\$8.00
5175	Vitamin D3 <sup>‡</sup>	10 mcg.	100 ct.	\$4.00
5356	Vitamin D3 Gummy <sup>‡</sup>	50 mcg.	60 ct.	\$11.00
5750	Vitamin E <sup>‡</sup>	45 mg.	100 ct.	\$6.00
5269	Vitamin E <sup>‡</sup>	180 mg.	110 ct.	\$9.00
5274	Zinc Tablets <sup>‡</sup>	50 mg.	100 ct.	\$6.00

\*Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

†As a part of your benefit, you have the opportunity to select a PERS device. By purchasing this PERS device with your OTC benefit dollars, you acknowledge and agree that you will be charged on a periodic basis depending on the benefit frequency a set subscription fee. NationsOTC will automatically deduct the subscription fee for your chosen PERS item every benefit period from your NationsOTC wallet. In the event your benefit does not cover the full price of the subscription fee for the PERS product that you have selected, NationsOTC will automatically charge your alternate form of payment. If payment fails, NationsOTC will reach out to you to collect an alternate form of payment.

‡Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§Scales are only available to members with congestive heart failure or liver disease, to monitor fluid retention.

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions.

This page is intentionally left blank.



**STEP 2 - Make Your Product Selection**

ITEM#	DESCRIPTION	PRICE	QUANTITY	TOTAL
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
Total Order Amount .....				\$ _____

**NOTE:** If the total amount exceeds your benefit allowance, a Member Experience Advisor will call you to collect payment before your order can be processed.

**STEP 3 - Mail Completed Form**

Send the completed order form using the postage-paid envelope to:

**NationsOTC**  
1801 NW 66<sup>th</sup> Avenue, Suite 100  
Plantation, FL 33313

If you have any questions or need assistance placing your order, please call NationsOTC at 877-283-5386 (TTY: 711). Member Experience Advisors are available 24 hours a day, 7 days per week, 365 days per year. Language support services are available if needed.

I understand that the phone numbers and/or emails I provided on this form may be used by NationsOTC or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

**IMPORTANT:** Please mail your order form no later than the 20th of the month to ensure your order total is applied to the current benefit period. If you need your order sooner, please go online or call.

This page is intentionally left blank.

# Order the Products You Need with Your OTC Benefit Today



Visit  
[NationsOTC.com/](https://NationsOTC.com/)  
FHCPMedicare



Call  
877-283-5386  
(TTY: 711)



Mail an  
order form  
to NationsOTC

If you have any questions or need help placing your order, we're here for you.  
Member Experience Advisors are available 24 hours per day, 7 days per week, 365 days per year.  
Language support services are available, if needed.



All benefits are not available on all plans. HMO coverage is offered by Florida Blue Medicare, Inc., DBA FHCP Medicare, an Independent Licensee of the Blue Cross and Blue Shield Association. We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. For more information visit [fhcpmedicare.com](https://fhcpmedicare.com)

© 2021 Blue Cross and Blue Shield of Florida, Inc., DBA Florida Blue. All rights reserved.

Y0011\_FHCP0115\_2021\_C